Matlock Bath Holy Trinity Primary School

Imagine, Believe, Achieve

RSHE 3 Year Cycle - Infants



A	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Theme	Relationships	Friendships	Health and Wellbeing	Mental Health	Wider World	Shared Responsibilities	Health and Wellbeing	Mental health	Wider World	Economic Wellbeing: Money	Health and Wellbeing H	Ourselves, growing and changing
Title	You've Got a Friend in Me		How are you?		We care!		How are you? Cont.		Money, money, money		I am special, we are special	
Learning Objectives	At MBHT we want our children to: I know how people make friends I know what makes a good friendship I can recognise when someone is feeling lonely and can help try to help I know of ways to resolve an		At MBHT we want our children to: I can recognise and name different feelings I know humans experience different feelings I know feelings can affect people's bodies and behaviours I know how to recognise what others might be feeling I know that not everyone feels the same at the same time I know that not everyone feels the same about things I know how to share my feelings (using words and pictures)		different needs I recognise that living things require their needs catering for I know of ways to look after the environment (look at MBHT)		At MBHT we want our children to: I know how to make people and myself feel good I know different things to do to calm my emotions. I recognise people might need help with feelings I know who to talk to about my feelings at MBHT and at home. I recognise emotions that link to change and loss (including death).		At MBHT we want our children to: I know what money is I know the different forms that money comes in I know that money comes from different places I recognise people make different choices about how to save and spend money I know about differences between needs and wants I know that some people won't always get what they want I understand that money needs looking after I know what places there are around MBHT to look after money		At MBHT we want our children to: I recognise what makes me special I recognise ways in which we are all unique I recognise ways to make people are unique at MBHT I can identify what I am good I can identify what I like and dislike I understand changes are coming (new classes/years/schools) *Also see Sex and Relationship Objectives documents attached	
Key Vocab			Feelings, happy, sad, angry, upset, excited, behaviour, body, share, talk, adults		Rules, situations, different, living things, environment, recycle, litter		Feelings, good, bad, emotions, recognise, calm, change, death, loss		Money, notes, coins, change, bank, saving, spending		Special, unique, me, you, us, family, friends, changes, transitions, new school, year	

Γ	_	A 4 1	A 4 2	01	G	Cummon 1	Cummon 2
	В	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

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Theme	Relationships	Respecting Self and Others	Relationships	Family, close positive relationships	Health and Wellbeing	Healthy Lifestyles	Health and Wellbeing	Drugs, Tobacco and Alcohol AND Healthy Lifestyles	Wider World	Media, Literacy and Digital Resilience	Health and Wellbeing	Ourselves, growing and changing
Title	I respect you!		Family and Friends		Lifestyles		Lifestyles		The Digital World		Changes!	
Learning Objectives	At MBHT we want our children to: I know what kind and unkind behaviour is I know how my behaviour can affect others I understand how to treat myself and others with respect I know how to be polite and courteous I can see ways in which I am the same and different to others I know how to listen to other people I know how to work and play cooperatively I know how to talk about and		At MBHT we want our children to: I know the roles of different people (friends, acquaintance) play in our lives I can identify the people who love and care for me I can make people feel cared for I know about different types of families I can identify common features of family life I know who to talk to at MBHT if my family makes me unhappy or worried.		At MBHT we want our children to: I know what healthy means I know different ways to keep healthy I know about foods that support good health I know the risks of eating too much sugar I understand how physical activity helps us stay healthy I know ways to be physically active everyday I know why sleep is important I know of who helps us keep healthy at home and in MBHT		At MBHT we want our children to: I know about things that people can put into their body or on their skin I know how these things can affect people I understand how simple hygiene routines can stop germs from spreading		At MBHT we want our children to: I know how the internet and digital devices can be used safely I know how to safely find things out on the internet I know how to safely talk to		At MBHT we want our children to: I know how ways to manage when things are difficult I know changes are coming (class, school, year group) I can name main parts of the body (Year 1/2 to learn vulva, vagina, penis, testicles) I recognise the importance of underwear and that this is a private area *See Sex and Relationship Objectives documents attached	
Key Vocab	polite, courteous, listen, speak, hear, care, love		Friends, family, acq care, love, help, tak- unhappy, worried		Healthy, food, eatin meals, breakfast, lu active, exercise	g, unhealthy, diet, nch, dinner, physical,		nunisations, allergic ne, hygiene, virus, Irugs	Internet, digital dev tablet, computer, iPs		Change, difficult, so family, friends, year vagina, vulva, penis	group, class,

С	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Theme	Relationships	Managing hurtful behaviour and Bullying	Health and Wellbeing	Keeping Safe	Wider World	Communities	Relationships	Safe Relationships	Wider World	Economic Wellbeing: Work	Health and Wellbeing	Ourselves, growing and changing AND Healthy Lifestyles
Title	Teamwork makes the dream work		I can keep me safe		Our Community		Feeling Safe		When I grow up		This is me!	

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